## **40 BOWL TEST RECORD SHEET**

# Please place the completed sheete in the letter box in the Sports Office

Name: Green Speed: fast / medium / slow

Date: Time: Temp: Wind: strong / moderate / light / nil

		Short Bowl 1		Short Bowl 2		Long Bowl 1		Long Bowl 2		Total	
ENDS	Hand	Score	S/L	Score	S/L	Score	S/L	Score	S/L	Fore	Back
1	Forehand										
2	Backhand										
3	Forehand										
4	Backhand										
5	Forehand										
6	Backhand										
7	Forehand										
8	Backhand										
9	Forehand										
10	Backhand										
SUBTO	OTAL										
Total		Short				Long	Al		All		

#### **POINTS**

3pts= within 1 mat length of jack and past jack high

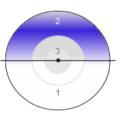
2pts= within 2 mat lengths of jack and past jack high

3pts= within 0.5 mat lengths and jack high or short of jack high

1pt= within 2 mat lengths of jack and jack high or short of jack high

L = finishing beyond jack high

S = finishing jack high or short of jack high



# **PLACEMENT OF THE JACK**

Long: jack on"T"

**Short:** jack placed 3 metres passed end of line.

## **PLACEMENT OF THE MAT**

Front of mat on the "T"

# Before Comencement of Exercise have a roll up each way

## **NOTE**

A "jack high bowl" means a bowl whose front edge, which is closest to the bowler on the mat, is level with the front edge of the jack.